

14 条谈话小技巧

在与孩子一起谈话、阅读或唱歌时，
用下面的小技巧来改善与孩子的交流。

1. **谈论**你正在做什么、你在想什么。
2. 对他们正在做或看的事物**发表看法**。
3. **说出**孩子感兴趣的事物。
4. **交谈时蹲下平视他们**:面对面。
5. **触摸、拥抱、搀扶**。
6. **了解并响应**他们看的事物、正在做的事情以及说的话。
7. **耐心等待**他们做出回应。
8. **模仿他们**, 并补充更丰富的词汇。
9. **做鬼脸, 使用手势**。
10. **轮流讲话**——不要只顾自己一个人说话。
11. **重复并补充**他们做的事和谈论的事。
12. **跟随孩子的节奏和兴趣**, 做孩子感兴趣的事情。
13. **鼓励他们**, 保持积极心态。
14. **保持一颗童心装疯卖傻!**放松下来, 享受乐趣!

LENA[®]

语言启蒙会影响孩子的一生!LENA 助力孩子的语言启蒙。
访问 LENA.org, 了解我们的计划如何帮助家庭和教师掌握关键数据, 提高儿童学习成果。

THE 14 TALKING TIPS

Use these tips to increase words & turns when talking, reading, or singing with a child.

1. **Talk about** what you're doing and thinking.
2. **Comment on** what they're doing or looking at.
3. **Name things** that they're interested in.
4. **Get down to their level:** face to face.
5. **Touch, hug, hold.**
6. **Tune in and respond** to what they look at, do, and say.
7. **Wait for their response.**
8. **Imitate them,** and add words.
9. **Make faces, use gestures.**
10. **Take turns** – don't do all the talking.
11. **Repeat and add** to what they say and do.
12. **Follow their lead,** do what interests them.
13. **Encourage them,** be positive.
14. **Be silly!** Relax and have fun!

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Early talk shapes a child's life. LENA shapes early talk.

Visit LENA.org to learn how our programs put powerful data in the hands of families and teachers to improve outcomes for children.