

# 14 TI KONSÈY POU PALE

Sèvi ak ti konsèy sa yo pou ogmante mo ak vire bouch ou lè w ap pale, li, oswa chante ak yon timoun.

1. **Pale sou** sa w ap fè ak sa w ap panse.
2. **Kòmante sou** sa yo ap fè oswa gade nan.
3. **Di non bagay** ki enterese yo.
4. **Desann nan nivo yo:** fas a fas.
5. **Manyen, anbrase, kenbe.**
6. **Branche epi reponn** ak sa yo gade, fè ak di.
7. **Tann repons yo.**
8. **Imite yo**, epi ajoute mo.
9. **Fè grimas, fè jès.**
10. **Bay lòt moun chans** – pa plede ap pale.
11. **Repete epi ajoute** sa yo di ak fè.
12. **Swiv direksyon yo**, fè sa ki enterese yo.
13. **Ankouraje yo**, rete pozitif.
14. **Fè rizib!** Rilaks epi pran plezi!

**LENA**

*Pale bonè ap fòme lavi timoun nan. LENA ap fòme moun ki pale bonè.*

Vizite [LENA.org](http://LENA.org) pou aprann kijan pwogram nou yo mete done pwisan nan men fanmi yo ak pwofesè yo pou amelyore rezulta timoun yo.

# THE 14 TALKING TIPS

Use these tips to increase words & turns when talking, reading, or singing with a child.

1. **Talk about** what you're doing and thinking.
2. **Comment on** what they're doing or looking at.
3. **Name things** that they're interested in.
4. **Get down to their level:** face to face.
5. **Touch, hug, hold.**
6. **Tune in and respond** to what they look at, do, and say.
7. **Wait for their response.**
8. **Imitate them,** and add words.
9. **Make faces, use gestures.**
10. **Take turns** – don't do all the talking.
11. **Repeat and add** to what they say and do.
12. **Follow their lead,** do what interests them.
13. **Encourage them,** be positive.
14. **Be silly!** Relax and have fun!

**LENA**

*Early talk shapes a child's life. LENA shapes early talk.*  
Visit [LENA.org](http://LENA.org) to learn how our programs put powerful data in the hands of families and teachers to improve outcomes for children.