



Coach Guide

Use these questions to guide reflection, understand LENA data, and apply new learning.

1. Reflect on the LENA Day

- How did your LENA Day go?
- What was happening that may have affected the data?
- How did progress toward your goal go?
- What changes have you noticed in your interactions with children?

2. Analyze the data

- What hours stand out to you? What was happening during that time?
- What patterns do you notice for specific children?
- What matches your expectations? What surprises you?

3. Focus on strengths

- What changes are making a positive difference?
- Which interactions felt most successful?
- What helped those interactions go well for you and the children?

4. Review the goal

- Why did you choose this goal?
- Where could you create more opportunities for conversation with a specific child?
- Think of one activity. What small change could help create two more conversational turns?
- What will help you stay focused on your goal this week?