



# We're doing LENA Grow!

Children who participate in more conversational turns during their first few years of life start school stronger. In fact, every +2 turns with children may increase their IQ as teenagers!\*

**LENA Grow is a program that helps teachers increase the amount of conversational turns your child experiences.**

***Conversational turns** are simple back-and-forth exchanges between an adult and child.*

## Children who experience more conversational turns...

Experience accelerated **language, literacy, and cognitive development.**

Are **3 more likely** to show **advanced reading skills** when starting preschool.

Increase **executive functioning skills** such as memory, attention, and problem-solving.

Develop better **social and emotional skills** such as self-regulation and sharing feelings.

- Children who participate in a LENA Grow program are 2x more likely to demonstrate kindergarten readiness in language and literacy.
- 83% of LENA children saw an increase in social-emotional development!

\*Source: [lena.org/longitudinal-study](http://lena.org/longitudinal-study)

Learn more: [info.lena.org/families](http://info.lena.org/families)

# LENA<sup>®</sup>

With over 200 published research studies, LENA is a national nonprofit on a mission to transform children's futures through early talk.